



## CITIZENS STATE BANK INTRO TO GOLF Hosted by the La Crosse Country Club

Citizens State Bank and the La Crosse Country Club are excited to partner with Aquinas to introduce Aquinas students, ages 5-11, to the game of golf. This will be a 3-lesson series that will cover topics such as beginning fundamentals and swing mechanics, golf safety, basic rules, and short game technique. There will also be fun practice drills and games, followed by a great lunch.

Dates: Fridays; June 7, July 5 and July 12, 2024

- Time: Lessons from 11am-12pm (please arrive by 10:50am). Lunch from 12-12:30pm.
- Requirement: Must be enrolled in the Aquinas Catholic Schools System. (Participants do not need to be a member at the La Crosse Country Club)
  - Class Size: 25 maximum. Registration will be on a first come, first served basis. (Class fills quickly)
    - Format: Participants will rotate through various "learning & challenge" stations to obtain an exposure to the many areas of the game of golf. We utilize demonstrations by our coaching staff, games to enhance the learning process, and a Q&A / summary of our lesson content. By using several topic stations we keep participants moving at a good pace.
  - More Info: Wear comfortable clothing. Tennis shoes are great (no cleats). Bring golf equipment if you already have it. We will have clubs available as well. Parents are encouraged to attend. Please observe from a proper distance.
    - Fee: \$45 per child for the 3-lesson series (includes lunch).



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