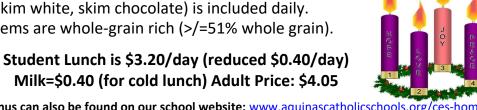
Cathedral Elementary Lunch Menu

Milk (skim white, skim chocolate) is included daily. All grain items are whole-grain rich (>/=51% whole grain).



Lunch menus can also be found on our school website: www.aquinascatholicschools.org/ces-home				
2	3	4	5	6
 Meatballs & Gravy Popcorn Chicken Brown Rice Mixed Veggies Fruit Salad Bar 	 Beef Walking Taco Chicken Walking Taco Refried Beans Corn Fruit Salad Bar 	 Turkey Sub Meatball Sub Green Beans Fruit Salad Bar 	 Spaghetti w/ Meat Sauce Chicken Alfredo w/ Pasta Bread Stick Broccoli Fruit Salad Bar 	 Mozzarella Dippers w/ Marinara Sauce Fish Sticks w/ Bread Slice Carrots Fruit Salad Bar
9	10	11	12	13
Chicken Nuggets w/ Dinner Rolls	 Mini Corn Dogs w/ Bread Slice Chili w/ Corn 	 Pulled Pork Sandwich Chef Salad 	1. Hot Dog w/ Bun	1. French Toast Sticks
Corn	Muffin Peas & Carrots	Chicken Noodle Soup w/ Crackers	Baked Beans	Hash Brown
Fruit Salad Bar	Fruit Salad Bar	Green Beans – Fruit Salad Bar	Fruit Salad Bar	Fruit Salad Bar
16	17	18	19	20
1. Pepperoni Pizza	1. Cheese Quesadilla	1. Grilled Cheese	1. Salisbury Steak	1. Mac & Cheese
2. Turkey & Cheese	2. Beef Soft Tacos	2. Hot Ham &	2. Chicken & Gravy	2. Fish Sandwich
Sandwich Carrots	Brown Rice Corn	Cheese Sandwich Tomato Soup w/	Mashed Potatoes Broccoli	Peas
Fruit Salad Bar	Fruit Salad Bar	Crackers Fruit Salad Bar	Dinner Roll Fruit Salad Bar	Fruit Salad Bar
		WINTE BRE NO SCH December 23 rd -)	Tanuary 1st	
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★※ ★ * * * * * * * * * * * * * * * * * *	Merry Christmas AND HAPPY NEW YEAR		2. Ham & Cheese Sandwich Hash Brown Cheese Stick	Corn
			Fruit Salad Bar	Fruit Salad Bar