TENNIS ANYONE? TENNIS EVERYONE!!!

Here's the latest from the Mayo clinic: "Tennis players live 9.4 years longer!" Let's get *your* kids interested in tennis—or *improve* their tennis—whether they're beginners, intermediate, or advanced!

What: free tennis lesson, limited to from 1-3 players per lesson

When: early June; dates, times to be determined

Where: Green Island courts (depends on availability)

Who: boys and girls, grades 3-11 (boys/girls will be grouped separately); kids will be scheduled in groups of similar ability

Who I am: I'm a decades long tennis instructor, coach, and tennis enthusiast (I currently coach Aquinas Middle but have also coached at Aquinas High – and Lincoln, Logan & Onalaska Middle schools.)

Why tennis: Tennis is known as "THAT GREAT GAME FOR LIFE"—and with good reason!

- Can be played into your 80's
- Great for families
- Helps you stay fit for life!
- Great for character development; it literally forces you to "think on your feet!"
- Studies have shown that learning tennis skills while young helps you stick with it; those who try as adults often don't stick with tennis.

For FITNESS, for FAMILY, for FUN—it's TENNIS!!!!!!

Please contact me to sign up ASAP (spots can fill up quickly)—or if you have any questions!

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